



## NORTH AMERICA



Left: Vermont. Above: Nantucket

### by Helen Kirwan-Taylor

Helen Kirwan-Taylor was born in Washington DC. The writer lives in London with her husband Charles and their two children and also has a home in the Hamptons.

■ **The Hamptons** The Hamptons in summer: long, clean untouched beaches, no resorts, glamour if you feel like it, a 24-hour culture, every activity conceivable. East Hampton and Sagaponack are my personal favourites. Don't bother with restaurants; have a clam bake catered for you on Georgica Beach instead.

■ **Nantucket** Always a favourite with the more down-to-earth East Coasters. Harder to get to which means less crowded. Rent your own house and learn to use a barbecue.

■ **The Four Seasons hotel, New York** One of the best hotels in the world ([www.fourseasons.com](http://www.fourseasons.com); 00 1 212 758 5700).

■ **Charleston, South Carolina** during Spoleto Festival. Southern elegance at its best. Great restaurants, great shopping, great culture. Stay at

the Wentworth Mansion ([www.wentworthmansion.com](http://www.wentworthmansion.com); 00 1 843 853 1886).

■ **Dude ranches** Sorrel River Ranch, Utah. The cabins are luxurious, the countryside amazing, the food incredible - no pork and beans ([www.sorrelriver.com](http://www.sorrelriver.com); 00 1 435 259 4642).

■ **Twin Farms, Vermont** Amazing lodges with amazing décor, very 'in' with the New York crowd who can afford to toss a few thousand away for a night ([www.twinfarms.com](http://www.twinfarms.com); 00 1 800 894 6327).

■ **Outer Banks, North Carolina** The Hamptons of the South.

■ **Auberge du Soleil** An elegant resort in California's Napa Valley. Beautiful, exquisite food ([www.aubergedusoleil.com](http://www.aubergedusoleil.com); 00 1 707 963 1211).

■ **Post Ranch** Poised on the Californian cliffs of Big Sur, this hotel offers dramatic rooms overlooking the Pacific, or up in treehouses. The best mattresses and sheets. Very quiet, a get-away-from-it-all retreat. Two hours south of San Francisco ([www.postranchinn.com](http://www.postranchinn.com); 00 1 831 667 2200).

## SOUTH AMERICA

### by Daniella Helayel

Brazilian-born Daniella Helayel is the founder of fashion label Issa. She lives in London.

■ **Fasano Restaurant, São Paulo**

The food at this hotel restaurant is amazing, the décor very luxurious and the atmosphere always fun ([www.fasano.com.br](http://www.fasano.com.br)).

■ **Copacabana Palace Hotel, Rio de Janeiro**

Legendary place with a great pool. Since the Fifties it has been the international jet set's favourite place to stay. The New Year's Eve party is a must-go ([www.copacabanapalace.com.br](http://www.copacabanapalace.com.br)).

■ **Cuzco and Machu Picchu, Peru** The energy, the colours and the stones make these two nearby places surreal. In Cuzco, I saw a stone with 13 angles. When I was in Machu Picchu, I wondered how they built this city in such amazing splendour.

■ **Ritz Restaurant in São Paulo** The food is delicious and simple. If you want to try homemade Brazilian food, the Ritz is the best option (00 55 113 088 6808).

■ **Angra dos Reis** This is an area southwest of Rio de Janeiro with a sensational group of islands surrounded by transparent water. You fly by helicopter from Rio to the islands, which have their own private beaches and rainforest behind. It's better to rent a house than stay in a hotel.



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OFFICIAL FUEL CONSUMPTION FIGURES FOR SAAB 9-3 CONVERTIBLE RANGE IN MPG (LITRES/100KM): URBAN 16.3 (17.3) - 33.6 (8.4), EXTRA URBAN 36.7 (7.7) - 55.4 (5.1), CO