



## CASTAWAY

One of 1,192 Robinson Crusoe-like coral islands that comprise the Maldives, Kunfunadhoo is home to Soneva Fushi, a hideaway just a 25-minute sea-plane flight north of the capital Male. For the ultimate deserted beach, take a 15-minute boat trip to Maddhu, an uninhabited island nearby. Snorkle alongside turtles, dolphins and reef sharks.

**What to eat** Fresh sushi and organic vegetables straight from the Soneva Fushi Resort garden.

**What to wear** Dump the wedges – it's bare feet everywhere.

**Who goes there** Divers and snorkellers, including Paul McCartney, Madonna and Brad Pitt, rave about the kaleidoscope of exotic fish visible in the crystal water.

**Where to stay** Soneva Fushi Resort has 65 private villas, each one surrounded by greenery and with a discreet path to the beach ([www.sonevaresorts.com](http://www.sonevaresorts.com)).

## WATCH THE NATIVES DO THE HULA

### BLUE HAWAII

With its powdery white sand and Tiffany-blue waters, Waikiki, on the Hawaiian island of Oahu, is the location for the TV series *Lost*. Come here to watch the natives do the hula and admire the dolphins.

**What to eat** Jumbo scallops with lemongrass at Hau Tree Lanai.

**What to wear** There may be rather more Americans sporting flowery Hawaiian shirts than is strictly necessary, but Waikiki remains a little bit of paradise.

**Who goes there** Sporty types such as Jessica Alba come to surf.

**Where to stay** The Kahala Hotel & Resort has a lagoon with six bottlenose Atlantic dolphins ([www.kahalaresort.com](http://www.kahalaresort.com)). Or splash out on the five-star Halekulani Hotel ([www.halekulani.com](http://www.halekulani.com)).

Kite-surfing in Tarifa



### THE KITE RUNNERS

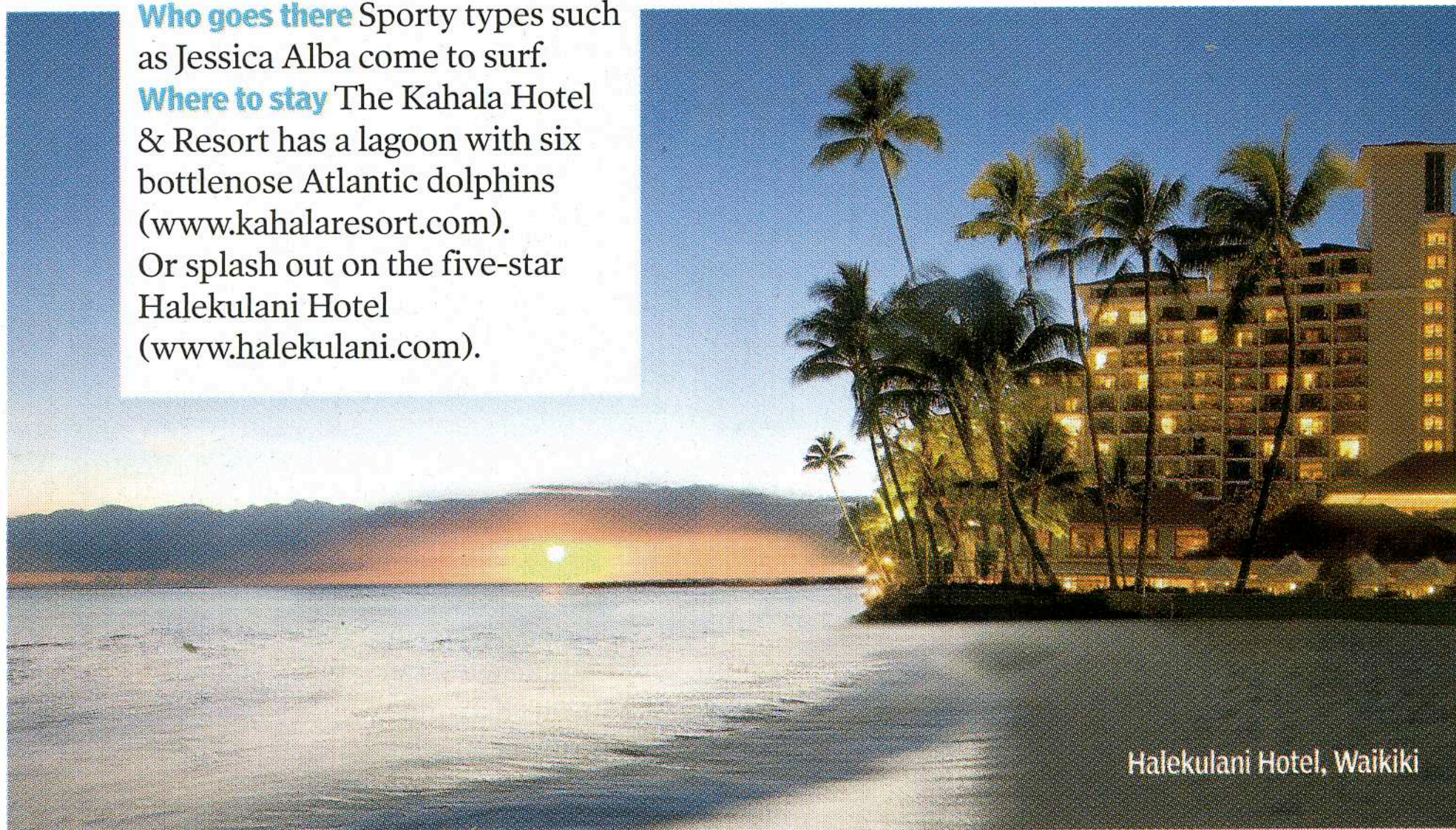
Wind- and kite-surfers congregate in Tarifa where a howling wind blasts across from Africa on to expanses of silver sand, whipping up the waves on their way. Tarifa is at the southernmost tip of the Iberian peninsula where the Mediterranean greets the Atlantic in the Straits of Gibraltar. Beach bums surf by day and dance by night. Tangiers, in Morocco, is a 35-minute catamaran ride away.

**What to eat** For beachside tapas or sunset cocktails, try laid-back Rancho de Valdevaqueros. For dinner, Tarifa's pretty cobbled squares bustle with restaurants and cafés.

**What to wear** Surfer chic: the athletic girls are in boardies and floppy hats, while long-haired dudes wear oversized T-shirts and backwards caps.

**Who goes there** Hardy beach bums and backpackers with windswept hair and deep tans stay all summer long.

**Where to stay** Committed Tarifa-types opt for the campsite. More civilised yet informal is the Hurricane Hotel with its riding stables, two swimming pools, subtropical gardens and a health club ([www.hurricanehotel.com](http://www.hurricanehotel.com)).



Halekulani Hotel, Waikiki